

# Mint Lassi

Try this traditional Indian drink that is easy to make and tastes delicious.

5 tbsp finely chopped mint leaves  
2 cups plain yogurt  
1½ tsp rock salt (kala namak)  
½tsp roasted, ground cumin seeds  
½ tsp salt, or taste  
1 cup of chilled water  
4-6 ice cubes



## Method

Put yogurt, mint, cumin seeds, rock salt in a blender. Blend for a few seconds.

Add chilled water and ice cubes. Blend till frothy. Serve sprinkled with a pinch of ground roasted cumin seeds(powder) and garnish with finely chopped mint

**Enjoy!!!!!!!!!!!!!!!**